



**THE JOHN
CARROLL SCHOOL**

Athletic Department

**Athletic
Partnership
Parents &
Athletics**





**Del
Cowsette**
College
Counselor





College Recruitment

- Role of college counselor
- Realities vs. Expectations in recruiting
- What does the college recruiter look for?
 - Character
 - Work ethic
 - Accountability
 - Parent interaction





Seth Goldberg

Director of
Athletics





How many High School students are playing sports?

National Average: 57%

John Carroll 78%





Sports offered at The John Carroll School

Equestrian

Football

Field Hockey

Boys/Girls Soccer

Boys/Girls Volleyball

Boys/Girls Cross Country

Boys/Girls Tennis

Boys/Girls Basketball

Wrestling

Boys/Girls Indoor Track and Field

Boys/Girls Swimming

Boys/Girls Lacrosse

Baseball

Softball

Boys/Girls Outdoor Track and Field

Boys/Girls Golf





Why do kids play sports?

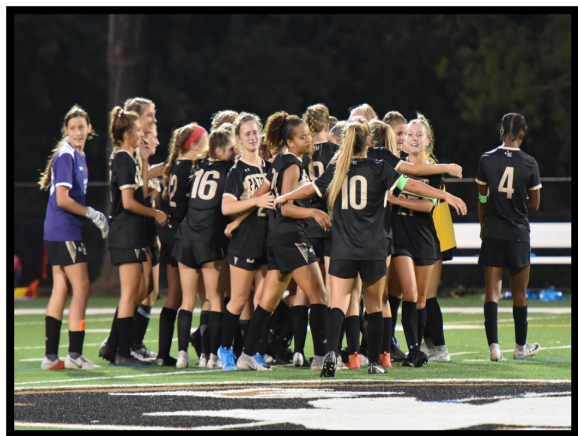
Top 5 reasons

- Having fun (81%)
- Exercise (79%)
- Learning and improving skills (66%)
- Playing with and making new friends (66%)
- Competing (64%)





What does a team look like?





Foundational Values

- Strong Relationships
- Accountability
- Development
- Leadership





What can an athlete control?

- Daily effort
- Attitude/ body language
- What kind of teammate they are
- How they communicate
- How much fun they are having





What can a parent control?

- Verbal and nonverbal communication towards...
 - Officials
 - Coaches
 - Other parents
 - Other players on the team
 - Your son or daughter





Parent Expectations

- Remember we are all PATRIOTS!
- What is our communication protocol?





**Laura
Seifert**

Assistant
Athletic
Director





Transportation

- School provides transportation from the school
- If you choose to decline this, we need it in writing to the coach prior to the game.
 - Includes before and after games
- All school policies applies while on the bus





Academics

- Students must be in school before 9:00am to practice or play.
- Early Dismissal: Students must talk to their teachers ahead of time and get their work. They are responsible to complete this work.
- Detention: Takes priority over practice, but can be rescheduled for a game
- Study Hall Program: run by Guidance Department to assist all students in need
- Failing 2 classes at mid-quarter = probation (study hall every day)
- Failing 2 classes at end of quarter = ineligible





Celebrating our Patriot Athletes

- Picture Day
- Team Gatherings
- Senior Days
- Signing Days
- End of Year Athletic Celebration





**Erik
Fabriziani,
LAT, ATC**
Assistant
Athletic
Director/
Head
Athletic
Trainer





John Carroll Sports Medicine

- What is an Athletic Trainer?
- Sports Medicine Team
- Reminder of expectations prior to the beginning of the season
- Communication with Parents
- What can we do for your Student/Athlete?





**Sean
Doyle,
MS, CSCS**

**Fitness and
Performance
Coordinator**





Fitness and Performance



- Freshman Usage and Overall Wellbeing
- A place for ALL Patriots
- The WHOLE Student/Athlete

