



# SCHOOL COUNSELING

## Director of Admissions

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## For More Information

[www.johncarroll.org](http://www.johncarroll.org)

## Communication with Counselors:

Mr. Larry Hensley, Dean of Student Services,  
Director of Counseling  
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Mrs. Jennifer Behler, School Counselor  
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Mrs. Molly Roseland, School Counselor  
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Mrs. Mary Opperhauser,  
Student Services Assistant  
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The John Carroll School Counseling Department has the unique position to observe and support the whole person. Counselors assist students in developing a respect for self and sensitivity to others as they grow through their high school experience and graduate towards adulthood. Counselors continue their relationship with their students throughout all four years, assisting with all aspects of the high school experience.

**“Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do.”**

– Pope John XXIII



**THE JOHN CARROLL SCHOOL**

703 E. Churchville Road | Bel Air, MD 21014

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# The John Carroll School Counseling Department

## Transition to High School

Counselors work with small groups and individual students during freshman year to assist with the transition to high school. Counselors discuss academic issues such as: course placement, study skills, organizational skills, grades, preparation for exams, graduation requirements, and planning for the future. Personal issues such as social adjustments, peer relationships, and school involvement are also addressed.

## Academic Counseling

Counselors assist students with academic issues including classroom performance, academic difficulty, course selection, study skills, effective communication with teachers, and perspectives on academic credentials. Students experiencing learning struggles and difficulties may be interested in investigating the St. Joseph Program. Students should see their Counselor for more information.

## Personal Counseling

Counselors are available to students in many areas of need, with the fullest confidentiality. Students are encouraged to speak one-on-one with their Counselor about concerns such as personal, peer and family relationships, stress, depression, anxiety, concentration difficulties, substance use and abuse, eating issues, self-esteem, pregnancy and suicidal thoughts and feelings. As the need arises, students and families are referred to professional resources outside of The John Carroll School.



## Bullying, Harassment, Intimidation Policy

Bullying, harassment, or intimidation of any student on school property or at school-sponsored functions or by the use of electronic technology is prohibited in all Archdiocese of Baltimore (AOB) Schools. To foster a school environment where all students are educated in a safe and caring atmosphere, all Archdiocesan schools will follow established procedures for prevention and intervention. Students should see a Counselor immediately or complete an AOB Reporting Form.

## School Life

Counselors also participate in many activities throughout the school year, thus interacting and experiencing students in various situations. Senior Unity Day, Homecoming, Spirit Week, Team Building, Class Retreats, Pep Rallies, Athletic Events,

Fine Arts and Music Program Events, Theatre Productions, Junior Ring Dance, Senior Prom, Senior Project, Graduation, among others. These activities allow students and Counselors to establish closer bonds.



Meet Max, the newest addition to our Counseling Department. Trained as a therapy dog, Max is a four-year-old Australian Shepherd/Lab mix owned by one of our school counselors, Jennifer Behler. Max has been

through training at PAWS for People and received the Canine Good Citizen Certification provided by the American Kennel Club. Max joins Mrs. Behler at school on Tuesdays and Wednesdays to provide comfort and companionship to those in need.



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