



# FREE SPORTS PHYSICALS PLAY IT SAFE!



The Upper Chesapeake Sports Medicine team will be offering **FREE** sports physicals on June 8 and 13 for **HIGH SCHOOL** athletes.

**Patterson Mill High School (stadium entrance)**

**June 8 | 4-7 pm** *Please scan QR to schedule.*



**Edgewood High School**

**June 13 | 4-7 pm** *Please scan QR to schedule.*

Middle school students (and high school students who are unable to attend either date above) can schedule a sports physical *in our office* on the following dates, times and locations by calling 443-643-3130.

**Aberdeen Office: 650 McHenry Road, Suite 1200**

June 27 from 1 pm - 4 pm

July 6 from 1 pm - 4 pm

August 3 from 8 am - 4 pm

**Bel Air Office: 510 Upper Chesapeake Drive, Suite 417**

June 27 from 8 am - 11:30 am

July 20 from 8 am - 4 pm

July 21 from 8 am - 12 pm

July 27 from 8 am - 4 pm



Physicals are valid from the date of the exam through June 2024. Student athletes under 18 years of age must bring a parent/guardian signed copy of the HCPS Pre-participation Physical Evaluation History Form (page 1) or have a parent/guardian present at the physical to be seen. For more information, including HCPS physical forms visit [hcps.org](https://www.hcps.org).