

# The John Carroll School Winter 2021 Athletics - Tryout Start Dates

#### Boys Basketball (V, JV, F/S)

Coach Seth Goldberg (<a href="mailto:sgoldberg@johncarroll.org">sgoldberg@johncarroll.org</a>)

**November 1**st: Varsity First Practice Time and Location TBD

**November 8<sup>th</sup>:** JV First Practice Time and Location TBD

#### Girls Basketball (V and JV)

Coach Holly Ismail (hismail@johncarroll.org)

November 8th: Varsity and JV First Practice Time and Location TBD

### **Boys and Girls Indoor Track**

Boys Coach Mike Monaghan (mmonaghan@johncarroll.org)

Girls Coach Rob Torres (<a href="mailto:rtorres@johncarroll.org">rtorres@johncarroll.org</a>)

**November 8<sup>th</sup>:** First Practice 3:15 pm on the Track

#### Wrestling

Coach Keith Runk (krunk@johncarroll.org)

November 8th: First Practice Time and Location TBD

## **Boys and Girls Swimming**

Coach Jessica Marx (<a href="mailto:imarx@johncarroll.org">imarx@johncarroll.org</a>)

November 9th: First Practice 3:45pm Harford Community College Pool